Q: Is it safe to can in my electric multi cooker? It has a button for canning?

A: While there are a variety of electric multi cooker units on the market, there are many concerns about using them for home canning purposes. The recipes we recommend are tested and USDA approved following specific time and pressure requirements for processing. It is unknown if the process may be replicated in the multi cooker unit. Because time and temperature are essential in the safety of home canned products, the recommendation is to not use these units in home food preservation.

If you would like to read more details, check out: https://nchfp.uga.edu/publications/nchfp/factsheets/electric_cookers.html

Remember you can contact your local OSU Extension office if you have food preservation questions: fairfield.osu.edu or (740) 653-5419