

Ohio 4-H Achievement Record Section Suggestions

The Ohio 4-H Achievement Record is a comprehensive record of a 4-H member's career, accomplishments, and achievements. There are over 25 different project categories in which to apply, as well as a few other state leadership opportunities. State winners in each category win trips to events such as National 4-H Congress, National Dairy Conference, and the Shooting Sports Teen Leadership Institute.

How does your project work demonstrate why you are the best applicant for this award? Some of your projects may fit under multiple categories. Some categories do not require that you take a project (camping, leadership, etc.). When you choose your award category (or multiple categories), consider ALL projects that have helped you with your success in this area. You should also make the decision on where it is best to list items. Events and activities should only appear in one place within the application. The 4-H Family Guide is a good resource to help organize project work.

Note: This is not an exhaustive list, but merely suggestions of projects and experience a member may have to apply in a certain project area.

Section A: 4-H Project Work Category Ideas

Project Area	Suggested Projects
Beef	All beef projects; Dairy Feeder
Camping	<i>Not directly project-related but must have served as a 4-H camp counselor at a residential or day camp at the county, area, or state level.</i>
Citizenship & Community Service	My Hands to Larger Service; Pantry Panic; <i>Not directly project-related but focuses more on overall service projects, leadership activities, etc. Consider ways that you incorporated Citizenship & Community Service into your projects.</i>
Clothing & Textiles	Any clothing or textiles projects – construction or shopping as listed in the 4-H Family Guide
Communications	Finding Your Voice; The Writer in You; <i>Not directly project-related but focuses more on overall communication, demonstrations, leadership activities, etc.</i>
Companion Animals	All Dog Projects; Pet Goats, PetPALS, Pocket Pets, Pet Rabbit, All Cat Projects; Cavy, Assistance Animals, Self-Determined-Small Animals
Creative Arts	Cake Decorating, My Favorite Things, Quilting, Get Started in Art, Graphic Design, Scrapbooking, Writing

Dairy	All Dairy Cattle
Family Life and Child Development	Genealogy, Laundry, It's My Home, Makeover My Space, Self-Determined Babysitting, Family History Treasure Hunt, You're First Home Away From Home, Money Management
Foods & Nutrition	All foods and nutrition projects as listed in the Family Guide
Gardening & Horticulture	Canning and Freezing, How Does Your Garden Grow, Edible Landscapes, Grow Your Own Vegetables, Growing with the Seasons, Flower Gardening, Crops
Goat	All Goat Projects
Healthy Living	You're the Athlete, Staying Healthy, First Aid, Medicine Science and Safety, Tracking Your Health and Fitness, Relationships 101, Alcohol and Drug Abuse, The Truth about Tobacco, Your Thoughts Matter, Your Feelings Matter, Superhero You, Bicycles; <i>Can also include Health and Safety club officer experience, communications contests, and other ways you include healthy living in your 4-H experience.</i>
Horse	Any horse project, including Horseless Horse
Leadership	Mentoring, Club Leadership, Diversity, My Hands to Larger Service, Teens on Board, Leadership Road Trip, Pantry Panic, Leadership Master, Self-Determined; <i>Not directly project-related but focuses more on overall leadership, service, etc. Consider ways that you incorporated Citizenship & Community Service into your projects.</i>
Llamas & Alpacas	Llama and Alpaca projects (<i>May be county specific</i>)
Mechanical Engineering	Electricity, Solar, Knots, Tractors, Welding, ATV, Bicycles, Small Engines, Ready Set Mow
Natural Resources	Explore the Outdoors, Geology, Exploring Polar Science, Exploring Ponds, Why Trees Matter, Ohio Birds, Trapping Muskrats, Fishing, Beekeeping, Insects
Personal Development	<i>Not directly project-related but focuses more on overall growth of the member over their 4-H career. Be sure to highlight your personal development through your project work.</i>
Photography	Photography Levels 1-3, Photography Master
Poultry	All Poultry Projects
Rabbits	All Rabbit Projects

Safety	Ready Set Mow, ATV Safety, Safe Use of Guns, Animal Projects, Bicycles, Shooting Sports, Medicine Science and Safety, First Aid; <i>Can also include CARTEENS, Health and Safety club officer experience, communications contests, and other ways you include safety in your 4-H experience.</i>
Sheep	All Sheep Projects
Shooting Sports	Basic Archery, Safe Use of Guns, Rifle, Archery, Shotgun, Pistol, Hunting and Wildlife, Muzzleloader, Living History, Crossbow, Western Heritage
STEM	Aerospace Science (Rockets), Science Fun with Kitchen Chemistry, Food Science, Science Fun with Physics, Robotics
Swine	All Swine Projects
Veterinary Science	From Airedales to Zebras, All Systems Go, On the Cutting Edge; Any livestock or small animal projects that have had a strong veterinary focus. <i>Be sure to explain the focus in the “what you learned” portion.</i>
Workforce Development	Am I Ready for Work, You’re Hired, Ag Careers; <i>Not directly project-related but focuses more on overall workforce development projects, leadership activities, etc. Consider ways that you incorporated workforce development into your projects.</i>
Woodworking	Measuring Up, Making the Cut, Nailing It Together, Finishing Up, Woodworking Master

Section A: 4-H Project Work (Continued)

Details to add to each project:

- Name of project:
- What did you learn?
- How much time did you spend on your project?
- How much money did you spend?
- How much money did you make?

Section B: 4-H Participation

These are true “participative” opportunities – if you are doing something involved with leadership, that opportunity should be listed in sections E or F. Participation means that you were just there as an active participant. Items should only be listed in one place.

- 4-H cultural immersion program delegate
- Attended an educational tour
- Attended animal clinic (ex: dog, goat, rabbit, etc.)
- Attended or participated in another county’s fair event
- Attend an Ohio (Operation) Military Kids program activity
- Carving New Ideas Workshop participant
- County 4-H camp
- County awards program
- County demonstration contest
- County fair assistant
- County fair participant
- County health & safety speaking, creed contest
- County livestock judging contest
- County officer (Secretary, Treasurer, etc.) book contest
- County Skill-a-Thon
- County Fair Queen, Livestock Queen/Representative, Ambassador
- County workshop
- District health & safety speaking
- Helped assemble 4-H club scrapbook
- Horse PAS show
- Learned 4-H pledge and motto
- Ohio 4-H Conference participant
- Participated in club banquet or recognition program
- Participated in county 4-H officer training
- Participated in junior leadership programs
- Participated in junior fair board meeting activities
- National livestock show participation (with your 4-H project)
- National 4-H Conference attendee
- National 4-H Congress attendee
- National dairy conference attendee
- Showmanship participant
- State camp participant (Leadership, Sea, Space, etc.)
- State demonstration contest
- State health & safety speaking contest
- State fair showmanship participant
- State fair participant
- State livestock judging contest
- State Skill-a-Thon
- State workshop/clinic
- Summer/Still project judging participant
- Super Showmanship /Showman of Showman participant
- Quality Assurance training participant

Section C: Major 4-H Honors

- County award winner
- County trip winner (Leadership camp, CNI, Sea camp, etc.)
- Project placings
- Scholarship award winner
- Selected as a Junior Fair Board Member or to be in another leadership role
- Showmanship placings
- State achievement award recognition

Section D: 4-H Community Service/Citizenship – *only service projects that were conducted through your 4-H involvement*

- Name of service activity/project
- Who participated in the service? Was it as part of your 4-H project, with your club, state, etc.?
- What did you do?
- How did you participate?
- Who did the project help/who did it reach?
- What did the project accomplish? How much was collected/donated?

Section E: 4-H Leadership: Educational/Promotional

- Arrange for a guest speaker at club meeting
- Assist with educational display or exhibit at the fair (species poster, Ag Adventures, etc.)
- Club or individual display at library, local store or event
- Encourage someone to join 4-H
- Facilitated 4-H CARTEENS program
- Have written or published news articles for your club
- Host or organize educational tour for your club
- Host and/or maintain 4-H club website
- Host an international youth
- Led a pledge at a local club meeting
- Led pledges at county event
- Mentor younger 4-H'er with project
- Ohio: Military Kids volunteer
- Participation in an organized member recruitment effort (club recruitment, school visit, 4-H week activity, 4-H Awareness Team, etc.)
- Radio or TV appearances promoting 4-H
- Served as a teen leader for your club
- Served as a camp counselor, junior fair board member, junior leader member, etc.
- Served as county fair queen, livestock representative/ambassador
- Taught at a club 4-H workshop
- Taught at a county 4-H workshop
- Taught educational session at 4-H camp
- Volunteer at a county 4-H event (Officer Training, 4-H Day, etc.)

Section F: 4-H Leadership: Office/Committee

- Club officer
- Club committee member (decorations, fundraising, community service, etc.)
- County fashion and nutrition board
- County committee member
- County junior leader officer
- County junior leader committee member
- County advisory committee member
- County junior fair board committee member
- County junior fair board officer
- County sale committee member
- County camp counselor planning committee member
- State board member (Fashion Board, Teen Leadership Council, Junior Fair Board, etc.)

Section G: Non 4-H Experiences in School, Church and Community

- Boy/Girl Scouts
- Breed Association
- Campfire
- Church Member
- FFA Member
- Grange
- Honor Roll
- Music (Choir/Band Member)
- Theatrical Production Member
- Officer/Volunteer for a Non 4-H Group/Activity
- Non-4-H related community service projects
- School/Co-op Club Member
- Sports Team
- Student Council Member

If you have any questions regarding the Ohio 4-H Achievement Form feel free to contact your local Extension Office or the State 4-H Office at (614) 292-4444.