

4-H Menu Form

**Bring this completed form to your 4-H project interview.
The judge will review it and give it back to you.**

**Be sure to use Choose MyPlate found in your project book when planning your menu!
The menu must include at least one food/recipe from your project book.**

Name _____ Age as of Jan 1st _____

4-H Club _____

Project Name _____ Years in this project _____

Breakfast:

Lunch:

Dinner:

Snacks (If eaten):

